

The POWER OF YOUR PLATE - Lecture Success

We had a successful first month of our in-house dietary classes led by nationally acclaimed nutrition instructor Shobha Swamy. The classes run on **Tuesday's now from 6-7 PM** in the Johns Creek office. Each session is \$30. Classes will repeat on a monthly cycle for June and July. Each class will include a presentation, cooking demo, easy recipes, dinner samples and plenty of Q and A time. To register or set up **private sessions** please visit bit.ly/nsc2025jun or call 248-894-1929.

NO SHOW FEES – We pride ourselves on seeing patients promptly but to accommodate everyone in a timely manner we cannot have no show patients. Please note that if you have **confirmed** your appointment or testing and fail to show up on time we will need to charge a \$50 fee. For nuclear stress testing the fee is \$400 to cover the radioactive tracer that will have to be discarded. Please avoid these charges by rescheduling at least 24 hours in advance.

RESEARCH STUDIES-We are excited to be starting two new trials aimed at preventing heart failure in diabetics and a new therapy to treat hypertension. For all our enrolling trials please visit our website or reach out to our study co-ordinators.

HEART PROTECTION- consider the gift of life by offering **someone you love** this prevention package. Identifying risk early allows one to make the necessary changes. The package includes a stress test, vascular imaging, rhythm analysis, coronary calcium score, blood tests, along with a 10 year and lifetime risk score. **No insurance is needed for this \$900 package that can be paid in up to 3 installments.** Results are reviewed with Dr Singh. *This program is not recommended for individuals having symptoms which can be addressed promptly by our office team.* To book your screening visit please call the office at 678-208-0165.

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Our Amazing Medical Assistants

We are excited to introduce our two newest medical assistants. **Emma** is a Univ of Mississippi graduate who will work with us for the next year as she eventually pursues a career as a physician assistant. **Akshitha** has graduated from the Univ of Alabama and will also be with us for a year before pursuing a career in medicine. You will also see her assisting at the front desk. They are joined by lead MA, **Crystal**, along with **Matzy, Faizan, and Allison.**

Our medical assistants do an incredible number of tasks that include obtaining vitals, initial history, medication lists, performing EKG's , hook up monitors, draw bloodwork, perform stress testing, call in prescriptions, schedule your appointments and answer your questions! All with compassion, professionalism and a smile.

You can leave messages directly for the medical assistants through the main number 678-208-0165 **option #2** or through the **patient portal** or by email crystalbolden@nsccardiology.com

